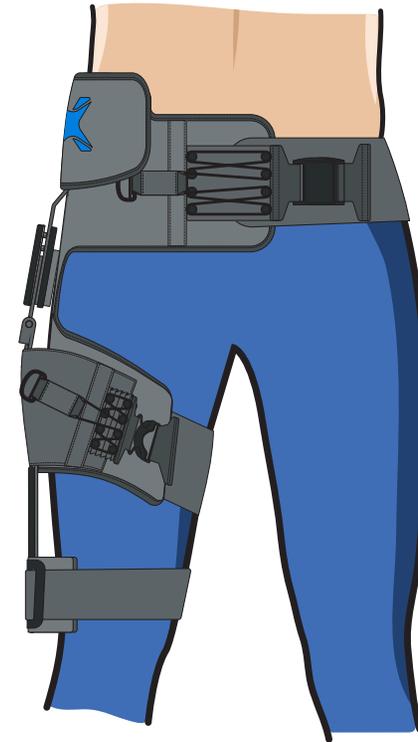


## CAUTION:

The GraymontX SnoPak is 100% non-toxic and is intended for external use only. Each SnoPak will last for approximately 50 freeze cycles. If the SnoPak is left in the freezer for extended periods of time, it will start to harden. After many freeze cycles, the SnoPak will not be as fluffy. If this is the case, thaw the SnoPak slightly before using. If the SnoPak becomes hard, replace it with new SnoPak. The SnoPak is coated with a black layer of material to help prevent damage and injuries to skin tissue. DISCARD IF PUNCTURED OR TORN.



Graymont X

# KIMBO Hip Brace

with Optional SnoPaks™

## Instructions for Use

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Made in the USA

US Patent Pending

# READ INSTRUCTIONS BEFORE USE.

These directions are guidelines only and not offered as medical recommendations. Please consult with your healthcare provider before use.

## WARNING:

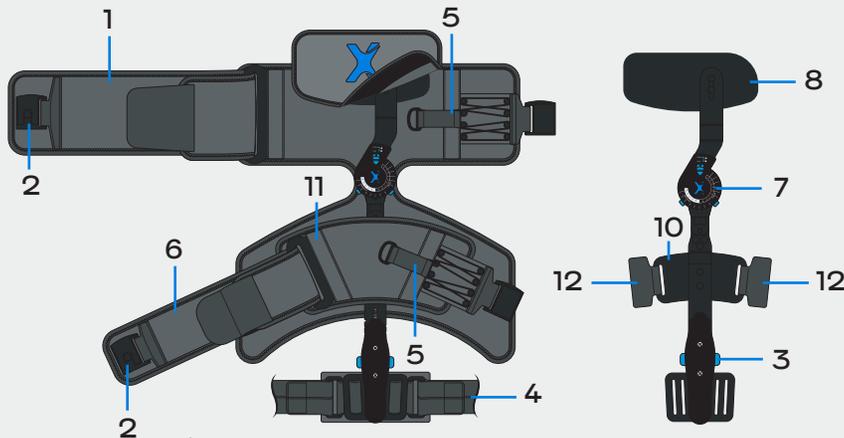
This device will not prevent or eliminate risk of injury. If you experience a sudden increase in pain, numbness or unusual reaction with the use of this device, discontinue use immediately and consult your healthcare provider.

## CARE INSTRUCTIONS:

Hand wash using cold water and mild detergent. Do not bleach. Rise thoroughly, removing all soap residue to avoid skin irritation. Allow to AIR DRY. Do not twist or wring.

## COMPONENTS:

- |                                |                               |
|--------------------------------|-------------------------------|
| 1. Waist Band                  | 7. Hip Hinge                  |
| 2. Magnetic Metal Buckles (x2) | 8. Hip Plate                  |
| 3. Length Adjustment           | 9. Hip Paddle                 |
| 4. Lower Thigh Velcro® Strap   | 10. Thigh Plate               |
| 5. Compression Pull Tabs (x2)  | 11. Thigh Landing Pad         |
| 6. Thigh Band                  | 12. Right & Left Velcro® tabs |



### Accessories:



13. SnoPaks



14. SnoBox



15. Hip Pillow

# INSTRUCTIONS FOR USE

## 1. Initial Application.

- Before applying, ensure compression pull tabs are fully retracted (loosened) and that magnetic metal buckles are disconnected.
- Place center of hinge approximately 1 1/2 inches posterior to (behind) hip joint.
- Wrap waist band around the waist and couple the magnetic metal buckles. Adjust the waist band by pulling the Velcro® end at the rear of the strap to remove excess material.
- Repeat previous step for thigh band.
- Adjust length adjustment so that the lower thigh Velcro® strap is just above the knee cap and secure the strap.
- Pull compression pull tabs to desired compression.

## 2. Removing the Brace.

- Fully release compression pull tabs on waist and thigh bands.
- Release lower thigh Velcro® strap.
- Slide the magnetic metal buckles vertically to uncouple on waist and thigh bands.
- Remove brace.

## 3. Reapply the Brace.

- Place center of hinge approximately 1 1/2 inches posterior to (behind) hip joint.
- Wrap waist and thigh bands around waist and thigh and couple the magnetic metal buckles.
- Secure lower thigh Velcro® strap.
- Pull compression pull tabs to desired compression.

## 4. Optional: SnoPak Instructions.

- Place SnoPaks in freezer at least 4 hours prior to initial application.
- Remove SnoPaks from freezer and gently massage to loosen.
- Apply SnoPaks to the soft good lining on the inside of the brace in the desired configuration.
- Reapply per physician's protocol. SnoPaks are safe to place directly on skin after sutures are removed and incision is healed. Add a cloth barrier at physician's discretion.

## 5. Re-Freezing the SnoPaks.

- Re-freeze 2 to 3 hours in SnoBox (Do not stack objects on top of the SnoPaks).

## 6. How to Change the SnoPak.

- Fully release compression pull tabs on waist and thigh bands.
- Do NOT release lower thigh Velcro® strap.
- Slide the magnetic metal buckles vertically to uncouple on waist and thigh bands.
- Remove spent SnoPak and replace with fresh SnoPak.
- Re-attach the brace.

## 7. Optional: Removing the Soft Good Lining from the Hinge.

- Use instructions for "Removing the Brace" and place brace on a flat surface.
- Use the paddle to release the hip plate from the Velcro® and slide the upper hinge out.
- Release the Velcro® and lift up on the buckle side to expose the hinge.
- Release left and right Velcro® tabs and remove the hinge entirely so only soft good lining is left.
- With your physician's approval, use the soft good lining for cold therapy, rest and sleeping.

## 8. Optional: Reapplying the Soft Good Lining.

- Place paddle in to the pocket of the soft good lining to cover the Velcro inside.
- Slide the hip plate on top of the paddle and into the pocket of the soft good lining.
- Line up the thigh plate with the rectangle on the thigh landing pad.
- Reattach the Velcro® of the thigh buckle to cover the hinge.

## 9. Optional: Apply the Hip Pillow.

- Place the hip pillow in between your legs and line up on the interior of your affected thigh.
- Direct stick the Velcro® of the hip pillow on the exterior of the soft good lining.